

Day 1. Saturday 13 April 2019 (Biology of aging)

Moderators: Marios Kyriazis (AM), and Ghislaine Beilin (PM)

TIME	SUBJECT	REMARKS
8:30	Registrations	
9:00	Welcome Speeches	Minister of Health Mayor of Larnaca ESAAM & Conference Organiser
9:30	Hormesis and aging	Prof. Suresh Rattan
10:00	Soma vs Germline	Dr. Marios Kyriazis
10:30	Cell death and neurodegeneration	Prof. Nektarios Tavernarakis
11:00	Coffee Break – Exhibition ☕	
11:30	Proteasome activation delays aging and progression of age-related diseases	Prof. Stathis Gonos
12:00	Information theory based measures of aging and multimorbidity	Dr. Ilia Stambler
12:20	Human longevity	Dr. Joao Pedro de Magalhaes
12:50	Lunch, Exhibition (Board Meeting)	
14:00	Regenerative Matrix	Dr. Valerio di Nicola
14:30	Anti-Aging peptides: Breaking the frontiers of cosmetology	Dr. Yiannis Sarigiannis
15:00	Pineal gland in the aging process	Dr. Svetlana Trofimova
15:30	Longevity advocacy – a necessary condition for accessible longevity therapies	Dr. Ilia Stambler
16:00	Coffee Break – Exhibition ☕	
16:30 – 18:30	Round Table: Innovative Tests and Treatments in Anti-aging Medicine Chair: Michael Papacharalambous Co-Chair: Arseniy Trukhanov Bioage control and management based on mobile telemedicine platform, Dr. Arseniy Trukhanov The Anti-Aging Effects of Impact Emulation Therapy, Dr. John Jaquish Modern tastings of lyme diseases and other infections, Dr. Armin Schwarzbach The biology of antiaging genes, Dr. Sotiris Nicolopoulos A 30-day supplementation for Regeneration Antiaging and Longevity, Emmanuela Foteinou	

Day 2. Sunday 14 April 2019 (Medical Gerontology)

Moderators: Michael Papacharalambous (AM), Marina Polycarpou (PM)

TIME	SUBJECT	REMARKS
8:30	Registrations	
9:00	Keynote Lecture: Peptide bioregulation	Prof. Vladimir Khavinson
9:30	Pre-rejuvenation	Dr. Ghislaine Beilin
9:50	The autoantibodies reactivity profile as a marker of chronic inflammation and age-related disease	Dr. Arseniy Trukhanov
10:10	Comprehensive Geriatric Assessment	Dr. Heraklis Pandelidakis Dr. Barnavas Panayiotou
10:40	Coffee Break – Exhibition ☕	
11:00	Prevention and management of frailty	Dr. Stala Kioupi and Mr. Demos Antoniou
11:30	Intrinsic capacity and functional ability	Polykarpou Marina
12:00	Calorie restriction	Dr. Aleksandra Mladenovic
12:20	Hormesis and Parkinson's	Prof. Vittorio Calabrese
12:50	Lunch, Exhibition	
14:00	Psychology/Psychiatry in Later Life	Dr. George Mikellides
14:30	Is old age an ethical problem?	Prof. Andreas Prokopiou
15:00	New Protocol for early diagnosis and correction of neurodegenerative diseases	Prof. Olga Safonicheva
15:20	Geriatric Urology	Dr. Panagiotis Sakkas
15:50	Coffee Break – Exhibition ☕	
16:20	Sexuality and Ageing	Dr. Constantinos Phellas
16:50	Gerontology services in Cyprus	Dr. Kyriakos Adamou
17:20	Target protocol for primordial prevention and treatment	Dr. Michael Papacharalambous
17:40	Navigating the labyrinth of dietary restriction methods	Brian Delaney
18:00	Closing Remarks	